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## Are you at the head or foot of Personality Class?

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# Are you at the head or foot of Personality Class?

**W**HAT is it which no one is without and which many do not know they have? It's personality. Personality has come to be used more and more to describe the effects which a person's traits have upon others.

Every person has both character and personality whether it be good or bad, attractive or unattractive, unusual or common. Personality seems to be a

and other behavior. To some ability to interpret clues seems to come more naturally than to others but all can improve through experience and observation.

2. Where would you place on a measuring scale of self-sufficiency? Do you tend toward the "lone-wolf" end of the scale or are you dependent upon others for all your happiness?



thing not easily analyzed for it has never been done with any great amount of success. A step towards a desirable personality is the ability to know what to do and what not to do in a great many situations—especially those in which people are involved.

First one must visualize clearly what he wishes to be. Working without such a picture is like building a house without an architect's blue print. Then too there must be a strong desire to reach the goals set. And finally he must develop a personality skill in transforming the blue prints of his personality into living realities. This skill for the most part involves social skills such as getting along with others, leading them, following them, working with them.

*Your answers to the following questions will show you where you shine:*

1. How well do you adjust to people? The attempt has been made to measure one's ability to judge human motives or mental states back of facial expression and the spoken word; to remember names and faces. You will need to be sensitive to the states of minds of others about you and to the effects of your behavior upon them. There are innumerable clues to such understanding in posture, facial expressions, gestures

3. How much self-confidence do you have? As with self-sufficiency, most people range somewhat between two extremes of self-confidence. Sometimes, however, a person who lacks self-confidence will act unusually self-assured and even conceited. This tendency to overcompensate for a sense of insecurity should not be mistaken for real self-confidence.

4. How dominant or submissive are you? Some persons seem naturally to dominate and control a situation when with one or more people and to accept the leadership of others while others are on the submissive end of the scale. Your particular combination of these tendencies may be more important for your effective adjustment than the strength or weakness of any one.

5. How do you rate on other characteristics? A Greek mathematician once said, "The difficult thing in life is to know oneself, the easy thing to advise others." Here are facts that have been handed down from generation to generation—perhaps from the time of the Greeks—nevertheless, it is good advice:

Keep physically fit.

Act your age.

Face reality cheerfully and courageously.

Discover your assets and make the most of them.



Make the best of your liabilities.  
Live in the present and make  
it a bridge to the future.  
Learn how to get along well with  
others.  
Enter wholeheartedly into ac-  
tivities.  
Develop self-mastery through  
controlled self-expression.  
Cultivate a sense of humor.

Here is a short test which you  
may use to see if you are at the  
head or foot of "personality class."

1. How are others affected by my ap-  
pearance and manners?

avoided by others.....0	1%	2%
tolerated by others ....		3%
liked by others .....	4%	5%
well liked by others....	6%	7%
sought by others .....8%	9%	10%

2. Do I need constant prodding  
or do I go ahead with work with-  
out being told?

need much prodding in doing ordinary assignments	0%	1%
need occasional prod- ding .....	2%	3%
do ordinary assignments on own accord .....	4%	5%
complete suggested sup- plementary work .....	7%	8%
seek and ask for addi- tional tasks .....	9%	10%

3. Do I get others to do as I  
wish?

probably unable to lead	0%	1%
let others take lead.....	2%	3%
sometimes lead in minor affairs .....	4%	5%
sometimes lead in im- portant affairs .....	6%	7%
display marked ability to lead others .....	8%	9%
	10%	

4. Have I a program with defi-  
nite purposes?

aimless trifler .....	0%	1%
aim to just "get by".....	2%	3%
have vaguely formed objects .....	4%	5%
direct energies effec- tively and with fairly defi- nite program .....	6%	7%
engrossed in realizing well-formulated objectives	8%	9%
	10%	

5. How do I control my emo-  
tions?

overemotional or unre- sponsive .....	0%	1%
usually well balanced....	2%	3%
well balanced .....	4%	5%
unusual responsiveness	6%	7%
of balance and control.....	8%	9%
	10%	

6. How fair-minded or tolerant  
am I?

very intolerant of others ideas if different from my own .....	0%	1%
somewhat prejudiced about most matters .....	2%	3%
tolerant of some views, intolerant of others .....	4%	5%
fairly unprejudiced about most matters .....	6%	7%
very tolerant of others opinions .....	8%	9%
	10%	

This rating scale was prepared by a  
committee of the American Council on  
Education. In using it, you should se-  
cure ratings by several others who  
know you well, to compare with your  
own rating.

If you score from—

90%—100%	You'll go to heaven and be chairman of all the angels.
85%—95%	Keep it up: people like you.
75%—85%	You're just about average.
65%—74%	Try to improve.
55%—64%	Hurry! you must reform.
below 45%	— 55% We won't give you up yet for there is some per- sonality lurking in you; try to work it up.

Remember that the commonest in-  
adequate behaviors are prejudice, over-  
sensitiveness, selfconsciousness, inde-  
cision, negativeness, pessimism and stub-  
bornness. Out of understanding your-  
self will come a respect for your own  
individual personality.

## College Loans

by Charlotte Backman

SIX hundred dollars has now grown  
to \$6,866. The Catherine MacKay  
Memorial Loan Fund, started in  
1921 by the Home Economics Club with  
\$600, has increased by personal gifts,  
additional club donations and interest.  
The cherry pie sales at Veishea time are  
for the purpose of raising money for  
the fund. The total amount that has  
been loaned to 175 students is \$33,748.

This fund for the use of junior and  
senior women from any division is to  
relieve financial strain for women so  
that they may get more benefits from  
campus life outside of the classroom.  
Miss Maria Roberts is director of the  
Loan Fund.

The only collateral is character, but  
the borrower must carry insurance  
equal to the amount of the loan. Only  
students who are residents of Iowa with  
2.1 quality points are eligible for loans.  
The approval of parents and the loan  
committee of four members is necessary.

Repayment of the loan starts as soon  
as the student is employed after gradu-  
ation. Twenty dollars a month is the  
usual payment with interest at five per-  
cent while in school and six percent  
after graduation.

Contrary to popular belief sorority  
members may use the fund as well as  
other women. Seniors in financial diffi-  
culties are particularly encouraged to  
use the fund so that they may enjoy  
their last year in school without con-  
stant "penny-pinching." It is also a  
good plan for seniors to buy really  
good clothes to provide a basis for their  
future wardrobe. It is important that  
an applicant look well groomed for her  
interview.

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